

## Who We Are

The Pediatric Environmental Health Specialty Units (PEHSUs) are a source of medical information and advice on environmental conditions that influence human health at the vulnerable stages of reproduction and throughout pediatric development.

PEHSUs are typically based at university medical centers, and are located across the United States and in Canada. These PEHSUs form a network that is capable of responding to requests for information throughout North America and offering advice on prevention, diagnosis, management, and treatment of environmentally related health effects in children.

Because children's environmental health covers a wide variety of issues, the PEHSU network has experts in pediatrics, allergy/immunology, neurodevelopment, toxicology, occupational and environmental medicine, nursing, obstetrics and gynocology, and other specialized areas.



DEDICATED TO THE HEALTH OF ALL CHILDREN™

This brochure was supported by the American Academy of Pediatrics (AAP) and funded (in part) by a cooperative agreement with the Centers for Disease Control and Prevention/Agency for Toxic Substances and Disease Registry (CDC/ATSDR). The U.S. Environmental Protection Agency (EPA) supports the PEHSUs by providing partial funding to CDC/ATSDR through an Inter-Agency Agreement. The findings and conclusions presented have not been formally disseminated by CDC/ATSDR or EPA and should not be construed to represent any agency determination or policy. Use of trade names that may be mentioned is for identification only and does not imply endorsement by the CDC/ATSDR or EPA.



A NETWORK OF EXPERTS ON **Reproductive and Children's Environmental Health** 



# What We Do

**PEHSUs offer consultation and education on environmental exposures and children's health.** 

To properly grow, develop, and thrive, pregnant women and children need clean air to breathe; clean water to drink; safe food to eat; and healthy places to live, learn,

and play. In many communities across North America, the vulnerabilities of pregnant women, children, and adolescents are not fully understood and they are exposed to environmental risks that can seriously harm their health. Most health care providers are not adequately trained to recognize environmentally-related risks or health problems in pregnant women, children, and adolescents.

PEHSUs work with health care professionals, parents, school and community groups, and others to provide information on protecting pregnant women, children, and adolescents from environmental hazards. They also work with Federal, State, and local agencies to address environmental health issues in homes, schools, and communities.

#### Find Expert Help: Visit http://www.pehsu.net



#### **Community Education and Outreach**

- Raising awareness about environmental conditions that may harm women of reproductive age and children
- Offering guidance on preventing or reducing harmful environmental exposures in everyday situations
- Providing practical advice on helping children cope and recover during and after environmental crises

### **Consultation and Referral**

- Evaluating suspected toxic exposures
- Identifying and interpreting appropriate diagnostic tests
- Medical management
- Providing referrals to specialty care

### **Training Health Professionals**

- Conducting seminars and conferences
- Providing patient education tools and patient care guidance
- Publishing peer-reviewed articles that raise environmental health literacy
- Translating health care research



Environmental exposures of concern for children include biological, chemical, and radiological hazards, such as:

Pesticides

Mercury

• Arsenic

Carbon

Solvents

Marijuana

Phthalates

Allergens

monoxide

Lead

- BPA
- Diesel exhaust
- Sun exposure
- Second-hand tobacco smoke
- Drinking water contaminants
- Indoor and outdoor air pollutants

